Our Team

Partners from 4 different countries combine forces to effectively implement the project.

FUNDACJA WYMIANY KULTUROWEJ TO TU TO TAM - Poland



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INITIATIVA CETATENILOR SENIORI -Romania



www.facebook.com/groups/InitiativaCetatenilorSenio ri

OUT OF THE ORDINARY Greece



https://www.o3.gr

bMECTE Sweden



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<u>e</u> and

Instagram

https://instagram.com/dpath2

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Project Purpose

D-PATH is an inclusive, educational, health promoting project for 3 target groups: diabetes and metabolic disease sufferers, related families and educators. Our objective is to research needs of these groups to help the first two become socially included in the society.

Good practice

On the state-of-the-art of e-learning tools, games, trainings and activities that support target groups:

- board game;
- training plans;
- dietary and physical health tips;
- useful tools to promote respect for health, social and psychological conditions in view of diabetics' healthy lifestyle.

Activities

- an overall research and needs assessment for the board game, training sessions and support activities;
- the development of a needs based board game and training sessions;
- awareness raising on nutrition and metabolic diseases;
- dissemination and promotion of the D-Path activities and results;
- Mobilities to Poland and Romania

Target groups

- People with diabetes especially type 1 at risk of social exclusion;
- families of the main target group;
- educators/trainers;
- adult workers and learners.



Expected results

- A research report in the field of dealing with diabetes and metabolic diseases (Coordinator)
- A board game to understand the needs, problems and solutions, opportunities and risks for those affected by diabetes and metabolic diseases. (Sweden)
- Raising awareness games with Lego + robotics to show chemical reactions in the human body in relation to nutrition. (Greece)
- A Blog to offer the opportunity to diabetics to share problems and solutions for daily life. (Romania)